



Books Referenced in Grit & Growth Workshop

Grit, the Secret to Success: Stories of Successful Women Lawyers, Dr. Milana Hogan

Grit: The Power of Passion and Perseverance, by Angela Duckworth

Mindset: The New Psychology of Success, by Carol Dweck

Loving What Is, by Byron Katie

The Language of Emotions, by Karla McLaren

The Gifts of Imperfection, by Brené Brown

The Happiness Advantage, by Shawn Achor

Man's Search for Meaning, by Viktor Frankl

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