

The CWBA's 47th Annual Convention's them is **"Empower. Advocate. Thrive. Soaring Together With Intention"** which builds upon our theme of "Intend To Thrive" for everything we do during the 2023-24 fiscal year. We will be offering presentations and workshops that focus on empowering women, advocating for ourselves and others, and going beyond mere survival to thrive in our lives and careers.

Convention will kick off on Friday afternoon with an interactive workshop, "Beat Burnout: Thrive While We Strive," led by Emilie Aries of Bossed Up, a leadership development and career services company committed to closing the gender gap. She will share inspiring stories of overcoming burnout and tactical strategies to push back against burnout culture, rebel against role overload, and advocate for our own form of sustainable success. Participants will learn research-backed strategies grounded in cognitive science for sustaining their success and ambition in a workplace and world that was never built for women.

On Friday evening, the Mary Lathrop Trailblazer Award Reception will once again occur, and our 2024 honoree is **The Hon. Charlotte N. Sweeney**, United States District Court for the District of Colorado.

Saturday morning begins with an exciting keynote presentation called "Widen Your Window – Using Awareness and Compassion to Shift from Languishing to Flourishing in Life, Leadership, and the Practice of Law" presented by **Dimple D. Dhabalia**, the founder of Roots in the Clouds and a human-centered leadership and story-healing coach. She's also the bestselling author of Tell Me My Story—Challenging the Narrative of Service Before Self. Through a compelling mix of vulnerable storytelling and calls to action, Dimple will shed light on the occupational realities in mission-driven, human-centered work and provide a framework to help individuals and organizations shift their collective expectations about what it means to be "of service," while building cultures where head, heart, and metrics work together to allow women to empower, advocate, and thrive in all aspects of their lives.

Our mid-morning plenary session entitled "How To Tell Your Own Story and Your Client's Story" will be led by <u>Olivia Omega</u>, a branding strategist and seasoned entrepreneur with more than 20 years of brand positioning, digital marketing, communications, and advertising experience across startup, nonprofit, public, and private sectors.

The Noon keynote speaking presentation will be led by <u>Elizabeth B. Prelogar</u>, the 48th Solicitor General of the United States and the fourth-ranking individual at the Department of Justice.

Saturday's dual track session speakers will be <u>Maria del Rosario Oxman</u> and <u>Trina Maull</u>. Maria is at Partner at Davis Graham and Stubbs and will share how lessons from another culture help us thrive and not just survive. Trina is the founder and CEO of NoLimitsCareer & Consulting, LLC and is a human resources-leadership coach, consultant, and speaker. She will speak on being empowered to lead and thriving in today's work environment.

The Saturday afternoon "How To Thrive" roundtable sessions will be led by the following amazing women leaders:

- Miko Brown
- Kristi Disney Bruckner
- Hon. Melina Hernandez, also our Convention Judge in Residence
- Mari Newman
- Ashley Seeley
- Hon. Kathryn Starnella
- Tanya Wheeler
- Diane Wozniak

Sunday morning's closing session "On What Grounds Leadership Cáfe" will spark open and honest conversation about what really matters right now to our attendees and in our personal and professional lives. The session will be led by CWBA President Elect Carime Lee, Senior Attorney with the Colorado Housing and Finance Authority. and Suzette Malveaux, Moses Lasky Professor of Law and Director of The Byron R. White Center for the Study of American Constitutional Law.